

# **CONFIDENTIAL**

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**PLEASE TURN IN COMPLETED FORM TO FRONT DESK PERSONNEL**

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Date: \_\_\_\_\_

**CHILD PSYCHIATRIC ASSESSMENT INTAKE**

**PRESENTING PROBLEM**—in your own words, summarize in one to two brief sentences.

**PURPOSE OF VISIT**—In your own words, please describe your goals for this assessment in one to two brief sentences.

Please describe any **current stressful event** in the patient’s life (home, work, family, social, etc.)

**Please circle any problems that you experience:** (circle all that apply)

- |                 |                       |                          |                          |                                |
|-----------------|-----------------------|--------------------------|--------------------------|--------------------------------|
| appetite        | sleep disturbance     | bladder problems         | excessive drinking       | easily distracted              |
| pain            | difficulty waiting    | difficulty sitting still | self harm                | physically violent to property |
| stealing        | breaking and entering | lying                    | refusal to attend school | concerns about sexual identity |
| sibling rivalry | fainting              | poor hygiene             | negative peer associates | poor relationship with parent  |
| anger           | headaches             | difficulty relaxing      | urinates/soils self      | difficulty making friends      |
| drug use        | nervousness           | fatigue                  | fears/phobias            | obsessive thoughts             |
| confusion       | loneliness            | anxiety                  | impulse control          | feelings of unreality          |
| nightmares      | tense                 | dizziness                | intrusive thoughts       | bowel problems                 |
| flashbacks      | allergies             | stomach problems         | low self-esteem          | impulsive behaviors            |
| depression      | suicidal ideations    | heart palpitations       | difficulty concentrating |                                |

**Personal Well-Being**

How is the quality of the patient’s sleep? \_\_\_\_\_

Has this changed from the past? If so, how? \_\_\_\_\_

How is the patient’s level of physical activity? \_\_\_\_\_

Has this changed from the past? If so, how? \_\_\_\_\_

How is the patient’s diet? \_\_\_\_\_

Has this changed from the past? If so, how? \_\_\_\_\_

## PSYCHIATRIC HISTORY

Psychiatric Hospitalizations (dates, locations, and length of time):

Past psychotherapy / counseling (dates, lengths of time, and focus of treatment):

Present occurring psychotherapy / counseling (dates, lengths of time, and focus of treatment):

Any current treatment by a psychiatrist (dates, length of time, and focus of treatment):

Any past treatments by a psychiatrist (dates, length of time, and focus of treatment):

Any current psychiatric medications: (names, dosages, length of time, purpose of medication, results, and side effects)? Please list all medications separately:

Any past psychiatric medications (names, dosages, length of time, purpose of medication, results, and side effects)? Please list all medications separately:

Psychiatric medications were prescribed by: \_\_\_ Psychiatrist \_\_\_ Primary Care Provider \_\_\_ Nurse Practitioner

\_\_\_ Other (specify): \_\_\_\_\_

**DRUG AND ALCOHOL HISTORY (If Applicable)**

**Cigarettes/Tobacco**

Does the patient currently smoke or chew? \_\_\_ YES \_\_\_ NO      If yes: Number of years: \_\_\_\_ Number of packs a day: \_\_\_\_

How long has it been since the patient's last cigarette? \_\_\_\_

If the patient does not smoke or chew, have they in the past? \_\_\_ YES \_\_\_ NO

**Caffeine**

Does the patient drink coffee or other caffeinated beverages? \_\_\_ YES \_\_\_ NO

Type of beverage: \_\_\_\_\_

Number of cups of 8oz. servings per day: \_\_\_\_

**Alcohol**

Does the patient drink alcohol currently or have they within the past year? \_\_\_ YES \_\_\_ NO

How many times per week? \_\_\_\_ Type of beverage: \_\_\_\_\_

Average amount consumed each week? \_\_\_\_ How long has the patient been drinking? \_\_\_\_

If not currently drinking, have they consumed alcohol in the past? \_\_\_ YES \_\_\_ NO

Type of beverage: \_\_\_\_\_ How much and for how long? \_\_\_\_\_

How long since last use at this level? \_\_\_\_\_

**Current Illicit Drug History**

Does the patient use drugs or illicit substances currently/past year? \_\_\_ YES \_\_\_ NO

Type: \_\_\_\_\_

How Much/How Often/How Long? \_\_\_\_\_

**Past Illicit Drug History**

Has the patient used drugs in the past? \_\_\_ YES \_\_\_ NO

Type: \_\_\_\_\_

How Much/How Often/How Long? \_\_\_\_\_

Does the patient participate in any programs for remaining clean and sober? \_\_\_ YES \_\_\_ NO

If yes, please identify programs: \_\_\_\_\_

Is the patient currently involved in a recovery program? \_\_\_ YES \_\_\_ NO

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

**Risk Assessment**

- Does the patient have thoughts of self-harm?  YES  NO
- Does the patient have a plan for how they would self-harm?  YES  NO
- Has the patient attempted self-harm in the past?  YES  NO If yes, how? \_\_\_\_\_
- Have any relatives committed suicide?  YES  NO
- Does the patient have thoughts of harming someone else?  YES  NO
- Has the patient assaulted or threatened anyone recently?  YES  NO
- Has the patient ever been in trouble because of their temper/violence?  YES  NO
- Does drinking/drugging ever lead them to become violent?  YES  NO
- Do you own a gun or a lethal weapon?  YES  NO
- Has the patient ever considered/planned to harm themselves or others with this gun or other lethal weapon?  YES  NO

**MEDICAL HISTORY**

Has the patient ever had or currently has any of the following? Check all that apply:

|                          |                                |                          |                             |                          |                              |
|--------------------------|--------------------------------|--------------------------|-----------------------------|--------------------------|------------------------------|
| <input type="checkbox"/> | Accident Prone                 | <input type="checkbox"/> | Frequent Urinary Infections | <input type="checkbox"/> | Movement Disorder            |
| <input type="checkbox"/> | Allergies                      | <input type="checkbox"/> | Gallbladder Problems        | <input type="checkbox"/> | Muscle Soreness              |
| <input type="checkbox"/> | Arthritis                      | <input type="checkbox"/> | Head Injury                 | <input type="checkbox"/> | Nose Bleeds                  |
| <input type="checkbox"/> | Asthma                         | <input type="checkbox"/> | Headache                    | <input type="checkbox"/> | Orthopedic/Osteo             |
| <input type="checkbox"/> | Back Problems                  | <input type="checkbox"/> | Hearing/Ear Problems        | <input type="checkbox"/> | Other Neurological Disorders |
| <input type="checkbox"/> | Black Outs                     | <input type="checkbox"/> | Hemorrhoids                 | <input type="checkbox"/> | Ovarian/Prostrate            |
| <input type="checkbox"/> | Blood in Stool                 | <input type="checkbox"/> | Hepatitis                   | <input type="checkbox"/> | Pneumonia                    |
| <input type="checkbox"/> | Broken Bones/Fractures         | <input type="checkbox"/> | Hernia                      | <input type="checkbox"/> | Seizures                     |
| <input type="checkbox"/> | Cancer                         | <input type="checkbox"/> | High Blood Pressure         | <input type="checkbox"/> | Shortness of Breath          |
| <input type="checkbox"/> | Chest Pain/Pressure/Tightening | <input type="checkbox"/> | High Cholesterol            | <input type="checkbox"/> | Skin Disorders               |
| <input type="checkbox"/> | Depression                     | <input type="checkbox"/> | High Triglycerides          | <input type="checkbox"/> | STDs                         |
| <input type="checkbox"/> | Diabetes                       | <input type="checkbox"/> | Hypertension                | <input type="checkbox"/> | Stroke                       |
| <input type="checkbox"/> | Dietary Issues                 | <input type="checkbox"/> | Injuries/ Broken Bones      | <input type="checkbox"/> | TB/Lung Disorder             |
| <input type="checkbox"/> | Difficulty Hearing             | <input type="checkbox"/> | Irregular Sleep             | <input type="checkbox"/> | Thyroid Problems             |
| <input type="checkbox"/> | Digestive Problems             | <input type="checkbox"/> | Kidney Problems             | <input type="checkbox"/> | Tics (motor or verbal)       |
| <input type="checkbox"/> | Dizzy Spells/Fainting          | <input type="checkbox"/> | Liver Problems              | <input type="checkbox"/> | Ulcers                       |
| <input type="checkbox"/> | Eczema                         | <input type="checkbox"/> | Memory Loss                 | <input type="checkbox"/> | Vision/Eye Health            |

Has the patient experienced any other physical conditions or difficulties not listed above, please share them in the space provided below:

History of head trauma (please specify):

Past surgeries or hospitalizations (please specify with dates):

**Allergies**

Allergies to medications (please specify):

Allergies (e.g., itchiness or hives) to specific kinds of soaps/laundry detergents/perfumes:

Allergies to food:

**Current Medications and Dosages (please list all names, dosages, lengths of time, purposes of medication, results, and side effects):**

Prescription:

Over-the-Counter:

Herbal:

Type of Birth Control (if applicable):

Name of your Primary Care Physician \_\_\_\_\_

List any other physicians treating the patient \_\_\_\_\_

List any accidents the patient has ever had:

\_\_\_\_\_  
\_\_\_\_\_

Please give a general history of previous prescription medications the patient has taken. Understanding that you may not recall each type of antibiotic or its purpose, etc...

\_\_\_\_\_  
\_\_\_\_\_

Has the patient worked with any alternative medicine programs such as: acupuncture, herbal, alternative healers? If so, please give an overview of why, the effectiveness of the treatment, and approximate dates.

\_\_\_\_\_

**Family Background and Childhood History**

Was the patient adopted \_\_\_ YES \_\_\_ NO Where did the patient grow up \_\_\_\_\_

List siblings and their ages: \_\_\_\_\_

Are their parents divorced? \_\_\_ YES \_\_\_ NO If so, how old was the patient when they divorced? \_\_\_\_\_

If parents are divorced, who does the patient live with? \_\_\_\_\_

Has the patient left home? \_\_\_\_\_

Has anyone in the immediate family died? \_\_\_\_\_

Who currently lives with the patient? \_\_\_\_\_

Any other changes in the family or other stressful occurrences? \_\_\_\_\_

**Reproductive History (If Applicable)**

Is the patient pregnant?  YES  NO      Is the patient breast-feeding?  YES  NO

Number of previous pregnancies: \_\_\_\_\_

Number of previous live births: \_\_\_\_\_

Number of living children: \_\_\_\_\_

**Milestones**

Length of Pregnancy \_\_\_\_\_      Birth Weight \_\_\_\_\_

Planned or unplanned pregnancy \_\_\_\_\_

Was the pregnancy complicated or involved with drugs or alcohol? \_\_\_\_\_

Nature of delivery  Natural  Caesarian  Breech

Condition of child at time of birth \_\_\_\_\_

Please give age your child  Crawled  Walked  Talked  Toilet Trained

Did the patient have friends as a child?  Many  Few  None

Does the patient have friends currently?  Many  Few  None

**Trauma History**

Does the patient have a history of being abused emotionally, sexually, physically, or by neglect?  YES  NO

Please describe when, where, and by whom \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Sex/Gender Identity**

Does the patient identify as:  Male  Female  Transgender  Other \_\_\_\_\_

Please list any questions, concerns, or comments you have, if any, about the patient's gender or gender identity (sense of femaleness/maleness). \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Education History**

What district/county does the patient attend school now? \_\_\_\_\_

Public or Private \_\_\_\_\_

What grade? \_\_\_\_\_

What extracurricular activities is the patient involved in? \_\_\_\_\_

**Legal**

Has the patient ever been arrested? \_\_\_ YES \_\_\_ NO

If yes, for what? \_\_\_\_\_

Does the patient have any pending legal issues? \_\_\_ YES \_\_\_ NO

**Spiritual Life**

Does the patient belong to a particular religion or spiritual group? \_\_\_ YES \_\_\_ NO

If yes, what is the level of their involvement? \_\_\_\_\_

Does the patient find their involvement helpful during this illness, or does the involvement make things more difficult and stressful for them? \_\_\_\_\_

**Cultural**

Languages Spoken: \_\_\_\_\_

List any cultural values, beliefs, or practices that should be considered in the patient's treatment:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PHARMACY OF CHOICE (For e-prescriptions)**

Pharmacy Name: \_\_\_\_\_ Store #: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone #: \_\_\_\_\_



**FAMILY HISTORY:**

**IN THE TWO SECTIONS BELOW PLEASE CHECK AS APPLICABLE TO YOUR INDIVIDUAL FAMILY HISTORY**

\*Please pay special attention to anyone with symptoms similar to your presenting symptoms\*

|                                 | Father | Mother | Father's<br>Father | Father's<br>Mother | Mother's<br>Father | Mother's<br>Mother's | Siblings | Children | Maternal<br>Relatives | Paternal<br>Relatives |
|---------------------------------|--------|--------|--------------------|--------------------|--------------------|----------------------|----------|----------|-----------------------|-----------------------|
| High Blood Pressure             |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Epilepsy                        |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Seizures                        |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Cancer                          |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Heart Attack                    |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Stroke                          |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Diabetes                        |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Asthma                          |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Dizzy<br>Spells/Fainting        |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Movement<br>Disorders           |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Tics (motor or<br>verbal)       |        |        |                    |                    |                    |                      |          |          |                       |                       |
| Other Neurological<br>Disorders |        |        |                    |                    |                    |                      |          |          |                       |                       |

**Family History of Mental Illness/Alcoholism/Drug Abuse**

\*Please pay special attention to anyone with symptoms similar to your presenting symptoms, not necessarily diagnosed\*

|  | Father | Mother | Father's<br>Father | Father's<br>Mother | Mother's<br>Father | Mother's<br>Mother | Siblings | Children | Maternal<br>Relatives | Paternal<br>Relatives |
|--|--------|--------|--------------------|--------------------|--------------------|--------------------|----------|----------|-----------------------|-----------------------|
| Depression                                   |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Bipolar Disorder/Manic Depression            |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Schizophrenia                                |        |        |                    |                    |                    |                    |          |          |                       |                       |
| ADHD   |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Concentration Problems                       |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Hyperactivity                                |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Anger Outbursts                              |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Periods of Severe Agitation                  |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Nervous Breakdowns                           |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Anxiety                                      |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Panic Attacks                                |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Phobias                                      |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Obsessive Thinking/Worrying                  |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Compulsions                                  |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Attempted Suicides                           |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Completed Suicides                           |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Alcoholism                                   |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Drug Abuse                                   |        |        |                    |                    |                    |                    |          |          |                       |                       |
| History of past/present abuse (as<br>abuser) |        |        |                    |                    |                    |                    |          |          |                       |                       |
| History of past/present abuse (as<br>victim) |        |        |                    |                    |                    |                    |          |          |                       |                       |
| Other Family History (Please<br>Specify)     |        |        |                    |                    |                    |                    |          |          |                       |                       |